A Resource Booklet for Pediatricians: ADOLESCENTS IN NEED

American Academy of Pediatrics
District II, Chapter 2
Committee on Youth and Adolescence

Dear Fellow Member of New York Chapter 2:

The American Academy of Pediatrics, District II, Chapter 2 Committee on Youth and Adolescence is pleased to bring you the second edition of the Adolescents In Need referral resource booklet.

The referral booklet has been an invaluable resource for pediatricians of Brooklyn, Queens, Nassau and Suffolk counties. However, over time there have been changes to community resources, with the addition of some new programs and other programs no longer being available.

The committee has spent much effort in reviewing the referral booklet and updating listings as appropriate. This updated booklet should provide you with current resources regarding some of the more typical, yet challenging, adolescent health issues, such as alcohol and substance abuse, pregnancy, emergency contraception, Gay and Lesbian youth, HIV/AIDS, smoking cessation and termination of pregnancy. Due to continuing unexpected changes of services within programs, please contact the listing prior to referring an adolescent to ensure that adolescent appropriate services are still being offered.

We have continued to try to ensure that the programs listed are suitable for adolescents. However, the committee does not endorse any particular program, nor is the guide meant to be all-inclusive. If you are aware of any other program that would be of benefit to adolescents, please feel free to provide us with the listing via the Chapter 2 Office (516 326-0310) or by e-mail (eweiselb@lij.edu). We welcome your input and suggestions.

We hope you find the guide useful for your practice.

Sincerely,

Eric C. Weiselberg, M.D - Chairman

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American Academy of Pediatrics, District II Chapter 2 Committee on Youth and Adolescence Resource Booklet for Pediatricians

The information contained in this booklet is meant for general information purposes only, and not as legal advice. The information is provided "as is" and without warranties of any kind either express or implied. New York Chapter 2 of the AAP does not endorse any particular program and does not make any claims that this list of programs is all inclusive.

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ALCOHOL AND SUBSTANCE ABUSE

Brooklyn

Alpha School Drug Abuse Outpatient Clinic 2400 Linden Blvd Brooklyn, NY 11208 (718) 257-5800

Daytop Village Inc. Brooklyn Outreach Center 401 State Street Brooklyn, NY 11201 (718) 625-1388

Dynamic Youth Community Inc. Daycare Unit 1830 Coney Island Avenue Brooklyn, NY 11230 (718) 376-7923

Jewish Board of Family Services Break-Free Program 2020 Coney Island Avenue Brooklyn, NY 11223 (718) 676-4280

Lutheran Medical Center Outpatient Chemical Dependency Service 514 49th Street, 2nd Floor Brooklyn, NY 11220 (718) 437-5233

SUNY Health Science Center Brooklyn/ Kings County The Family Youth Center 604 Winthrop Street F Building 5th Floor Brooklyn, NY 11203 (718) 245-2541

Queens

Child Center of New York (Queens Child Guidance Center) 89-56 162nd Street Jamaica, NY 11432 (718) 297-8000

Daytop Village, Inc. (Residential) 316 Beach 65th Street Far Rockaway, NY 11692 (718) 474-3800

Daytop Village, Inc. Queens Outreach (Out-Patient) 147-32 Jamaica Avenue Jamaica, NY 11452 (718) 523-4242

Far Rockaway Treatment Center North Shore-LIJ Health System 1600 Central Avenue Far Rockaway, NY 11691 (718) 868-1400

Outreach House 16-14 Weirfield Street Ridgewood, NY 11385 (718) 456-7820

Outreach Project, Inc. 117-11 Myrtle Avenue Richmond Hill, NY 11418 (718) 849-0101

ALCOHOL AND SUBSTANCE ABUSE

Nassau

Central Nassau Guidance and Counseling Services Inc. 950 South Oyster Bay Road Hicksville, NY (516) 822-4060

Community House North Shore Hospital at Glen Cove 101 St. Andrews Lane Glen Cove, NY 11542 (516) 674-7867

Mineola Community Treatment Center North Shore-LIJ Health System 366 Jericho Turnpike Mineola, NY (516) 742-4015, x-11

North Shore Child and Family Guidance Center The Leeds Place 999 Brush Hollow Road Westbury, NY 11590 (516) 997-2926

Peninsula Counseling Center 73 South Central Avenue Valley Stream, NY (516) 872-9698

Tempo Group, Inc 1260 Meadowbrook Road North Merrick, NY 11566 (516) 546-9008 Tempo Group, Inc 23 Willis Avenue Syosset, NY (516) 921-3740

Tempo Group, Inc 112 Franklin Place Woodmere, NY 11598 (516) 374-3671

Suffolk

Daytop 2075 New York Avenue Huntington, NY 11746 (631) 351-7112

Hope for Youth 201 Dickson Avenue Amityville, NY 11701 (631) 842-7900

Huntington Youth Bureau 423 Park Avenue Huntington, NY 11743 (631) 271-3591

JT Mather Memorial Hospital 635 Belle Terre Road Port Jefferson, NY 11777 (631) 331-8200

Long Island Council for Alcoholism 700 Veterans Memorial Highway Hauppauge,NY 11788 (631) 979-1700

Outreach House (Residential) 400 Crooked Road Brentwood, NY 11717 (631) 231-3232

Pederson-Krag Center 55 Horizon Drive Huntington, NY 11743 (631) 920-8000

Phoenix House 220 Veterans Memorial Highway Hauppauge, NY 11788 (631) 979-0922

South Oaks Hospital 400 Sunrise Highway Amityville, NY 11701 (631) 264-4000

Suffolk County DOH-Methadone Treatment 725 Veterans Memorial Highway Hauppauge, NY 11788 (631) 853-6410

ALCOHOL AND SUBSTANCE ABUSE

Suffolk (continued)

Town of Islip Department of Human Services 452 Suffolk Avenue Brentwood, NY 11717 (631) 436-6065

Town of Smithtown Horizons Counseling 124 West Main Street Smithtown, NY 11787 (631) 360-7578

EATING DISORDERS

Other Resources:

National Eating Disorder Association (NEDA) www.nationaleatingdisorders.org (800) 931-2237

National Eating Disorder Association-Long Island (NEDA-Long Island) www.nationaleatingdisorders.org/p.asp?WebPage_ID=717 (516) 794-0415

Brooklyn

Maimonides Medical Center Division of Adolescent Medicine 1301 57th Street Brooklyn, NY 11219 (718) 283-3640

Schneider Children's Hospital Consultation Center at Brooklyn 8622 Bay Parkway Brooklyn, NY (718) 372-8402

Queens

Schneider Children's Hospital Eating Disorders Center 410 Lakeville Road, Suite 108 New Hyde Park, NY 11040 (516) 465-3270

Nassau

National Eating Disorders Association Long Island 900 Merchants Concourse, Suite 403 Westbury, NY 11590 (516) 794-0415

Schneider Children's Hospital Eating Disorders Center 410 Lakeville Road, Suite 108 New Hyde Park, NY 11040 (516) 465-3270

Suffolk

John T. Mather Memorial Hospital Eating Disorders Program 208 Route 112 Port Jefferson Station, NY 11776 (631) 473-3877

Pederson-Krag Center 55 Horizon Drive Huntington, NY 11743 (631) 920-8000

EATING DISORDERS

Suffolk (continued)

Schneider Children's Hospital Consultation Center at Commack 353 Veterans Highway Commack, NY 11725 (631) 439-KIDS

Stony Brook University Medical Center Division of Adolescent Medicine 33 Research Way East Setauket, NY 11733-3489 (631) 444-KIDS

Stony Brook University Medical Center Division of Adolescent Medicine 2701 Sunrise Highway Islip Terrace, NY 11752-2612 (631) 444-2730

EMERGENCY CONTRACEPTION Other Resources:

Not-2-Late.com http://ec.princeton.edu

Planned Parenthood http://www.plannedparenthood.org 1-800-230-PLAN

Brooklyn

Bushwick MIC Center 335 Central Avenue Brooklyn, NY 11221 (718) 443-9300

Community Healthcare Network Dr. Betty Shabazz Health Center 999 Blake Avenue Brooklyn, NY 11208 (718) 277-8303

Coney Island Hospital Division of Adolescent Medicine 2601 Ocean Parkway – Tower #106 Brooklyn, NY 11235 (718) 616-3191

(Brooklyn continued on next page)

Queens

Community Healthcare Network Queens Health Center 97-04 Sutphin Blvd. Jamaica, NY 11434 (718) 657-7088

Elmhurst Hospital Center Adolescent Health Service 79-01 Broadway Elmhurst, NY 11372 (718) 334-3834

Jamaica MIC Center 90-04 161st 5th Floor Jamaica, NY 11432 (718) 523-2123

EMERGENCY CONTRACEPTION Brooklyn (continued)

Eastern Parkway MIC Center 1873 Eastern Parkway Brooklyn, NY 11233 (718) 498-1001

Fort Greene MIC Center 295 Flatbush Avenue Extension Brooklyn, NY 11201 (718) 522-1144

Kings County Hospital Family Planning Clinic 451 Clarkson Avenue E Building, 6th Floor, Suite D Brooklyn, NY 11203 (718) 245-3502

Planned Parenthood of NY, Boro Hall Center 44 Court Street Brooklyn, NY 11201 (212) 965-7000

EMERGENCY CONTRACEPTION

Nassau

Hempstead Health Center 100 Main Street, 2nd Floor Hempstead, NY 11550 (516) 572-1300

Nassau University Medical Center GYN Clinic 2201 Hempstead Turnpike Building A, 2nd Floor East Meadow, NY 11542 (516) 572-6569

Planned Parenthood 110 School Street Glen Cove, NY 11542 (516) 750-2500

Planned Parenthood 540 Fulton Avenue Hempstead, NY 11550 (516) 750-2500

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Suffolk

Planned Parenthood Amagansett 618 Montauk Highway Amagansett, NY 11930 (631) 267-6818

Planned Parenthood Huntington Huntington Medical Center 755 New York Avenue Huntington, NY 11743 (631) 427-7154

Planned Parenthood Patchogue Patchogue Medical Center 450 Waverly Avenue Patchogue, NY 11772 (631) 475-5705

Planned Parenthood Riverhead 540 East Main Street Riverhead, NY 11901 (631) 369-0230

EMERGENCY CONTRACEPTION

Nassau (continued)

Planned Parenthood 35 Carmans Road Massapequa, NY 11758 (516) 750-2500

Women's Choice 200 Motor Parkway, Suite D23 Hauppauge, NY 11788 (516) 682-8100

Suffolk (continued)

Planned Parenthood Smithtown 70 Maple Street Smithtown, NY 11787 (631) 361-7526

Planned Parenthood West Islip 180 Sunrise Highway West Islip, NY 11795 (631) 893-0150

Stony Brook University Medical Center Division of Adolescent Medicine 33 Research Way East Setauket, NY 11733-3489 (631) 444-2730

Stony Brook University Medical Center Division of Adolescent Medicine 2701 Sunrise Highway Islip Terrace, NY 11752-2612 (631) 444-2730

Women's Choice 200 Motor Parkway, Suite D23 Hauppauge, NY 11788 (631) 435-4300

GAY, LESBIAN, BISEXUAL AND TRANSGENDER YOUTH

Brooklyn

Audre Lorde Project 85 South Oxford Street Brooklyn, NY 11217 (718) 596-0342 www.alp.org

Division of Adolescent Medicine Coney Island Hospital 2601 Ocean Parkway – Tower #106 Brooklyn, NY 11235 (718) 616-3191

Queens

AIDS Center of Queens County (ACQC) 97-45 Queens Blvd. – 12th Floor Rego Park, NY 11374 (718) 896-2500 www.acqc.org

Generation Q Youth Services 30-74 Steinway Street, 2nd Fl. Astoria, NY 11103 (718) 204-5955 www.queenscommunityhouse.org

GAY, LESBIAN, BISEXUAL AND TRANSGENDER YOUTH

Nassau

Long Island Gay and Lesbian Youth, Inc. (LIGALY)
34 Park Avenue
Bay Shore, NY 11706
(631) 665-2300
www.ligaly.org

Pride for Youth 2050 Bellmore Avenue Bellmore, NY 11710 (516) 679-9000

www.longislandcrisescenter.org

Suffolk

Long Island Gay and Lesbian Youth, Inc. (LIGALY)
34 Park Avenue
Bay Shore, NY 11706
Tel: (631) 665-2300

Fax: (631) 665-7874 www.ligaly.com

Stony Brook University Medical Center Division of Adolescent Medicine 33 Research Way East Setauket, NY 11733-3489 (631) 444-2730

Stony Brook University Medical Center Division of Adolescent Medicine 2701 Sunrise Highway Islip Terrace, NY 11752-2612 (631) 444-2730

HIV/AIDS

Other Resources: National AIDS Hotline (800)-CDC-INFO / (800) 232-4636

NYS HIV Counseling:

English: (800)-872-2777 Spanish: (800)-233-SIDA TTY: (800)-369-2437 NY AIDS Hotline: (800)-541-2437

NY DOH AIDS Helpline: (800)-825-5448

Brooklyn

AIDS and Adolescents Program – Heat Program Kings County Hospital Center 613 Throop Avenue, Ground Floor Brooklyn, NY 11216 (718) 467-4446 or 602-6200

Queens

AIDS Center of Queens County (ACQC) 97-45 Queens Blvd. – 12th Floor Rego Park, NY 11374 (718) 896-2500

Elmhurst Hospital Adolescent Health/Pediatric ID Clinic 79-01 Broadway Elmhurst, NY 11373 (718) 334-5571/5040

HIV/AIDS

Nassau

LIAAC – Long Island Association for AIDS Care 60 Adams Avenue Hauppauge, NY 11788 (631) 385-2451

Nassau University Medical Center HIV Program 2201 Hempstead Turnpike East Meadow, NY 11542 (516) 572-6500

Schneider Children's Hospital
Division of Pediatric Allergy & Immunology
Comprehensive HIV Care and Research
Center
865 Northern Blvd., Suite 101
Great Neck, NY 11021
(516) 622-5070

Suffolk

LIAAC – Long Island Association for AIDS Care 60 Adams Avenue Hauppauge, NY 11788 (631) 385-2451

Stony Brook University Medical Center AIDS Center Adolescent Risk Reduction Program 101 Nichols Road Stony Brook, NY 11794 (631) 444-7692/273

PREGNANT ADOLESCENT / TEEN PARENTING Other Resources:

Healthy Teen Network
www.healthyteennetwork.org
(410) 685-0410

Brooklyn

Brookdale Hospital Medical Center Adolescent OB Clinic Linden Blvd. at Rockaway Parkway Brooklyn, NY 11212 (718) 240-5068

Brooklyn Hospital Center Adolescent OB Clinic 121 DeKalb Avenue Brooklyn, NY 11201 (718) 250-8521

Coney Island Hospital Adolescent OB Clinic-Tower 107/108 2601 Ocean Parkway Brooklyn, NY 11235 (718) 616-5730

(Brooklyn continued on next page)

Queens

Elmhurst Hospital Center The Women's Health Clinic 79-01 Broadway Elmhurst, NY 11372 (718) 334-3150

Flushing Hospital Obstetrical Clinic (Family Planning) 4500 Parsons Blvd. Flushing, NY 11355 (718) 670-8989

PREGNANT ADOLESCENT / TEEN PARENTING

Brooklyn (continued)

Park Ridge Family Center of Lutheran Medical Center Youth Health Services 6317 Fourth Avenue Brooklyn, NY 11220 (718) 439-9517

Planned Parenthood of New York City Boro Hall Center 44 Court Street Brooklyn, NY 11201 (212) 965-7000

PREGNANT ADOLESCENT / TEEN PARENTING

Nassau Suffolk

Hempstead Health Center 100 Main Street, 2nd Floor Hempstead, NY 11550 (516) 572-1300

Nassau University Medical Center OB Clinic 2201 Hempstead Turnpike Building A, 1st Floor East Meadow, NY 11542 (516) 572-3383

North Shore Child and Family Guidance Center Good Beginnings for Babies 999 Brush Hollow Road Westbury, NY 11590 (516) 997-2926

Planned Parenthood 110 School Street Glen Cove, NY 11542 (516) 750-2500

Planned Parenthood Amagansett 618 Montauk Highway Amagansett, NY 11930 (631) 267-6818

Planned Parenthood Huntington Huntington Medical Center 755 New York Avenue Huntington, NY 11743 (631) 427-7154

Planned Parenthood Patchogue Patchogue Medical Center 450 Waverly Avenue Patchogue, NY 11772 (631) 475-5705

Planned Parenthood Riverhead 540 East Main Street Riverhead, NY 11787 (631) 361-7526

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PREGNANT ADOLESCENT / TEEN PARENTING

Nassau (continued)

Planned Parenthood 540 Fulton Avenue Hempstead, NY 11550 (516) 750-2500

Planned Parenthood 35 Carmans Road Massapequa, NY 11758 (516) 750-2500

Preventive Care Assistance Program (PCAP) Long Island Jewish Medical Center Department of Obstetrics and Gynecology New Hyde Park, NY 11040 (718) 470-7856

Teen Infant Early Stimulation Program - TIES 129 Jackson Street Hempstead, NY (516) 485-1616, x-238

Teenage Parenting Program - TAP Seaford Academic Center 2165 Seaford Avenue Seaford, NY 11783 (516) 608-6400

Suffolk (continued)

Planned Parenthood Smithtown 70 Maple Street Smithtown, NY 11787 (631) 361-7526

Planned Parenthood West Islip 180 Sunrise Highway West Islip, NY 11795 (631) 893-0150

SNAP Long Island STEPS to Parenthood 22 West Main Street Patchogue, NY 11772 (631) 447-0698

Stony Brook University Medical Center Division of Adolescent Medicine 33 Research Way East Setauket, NY 11733-3489 (631) 444-KIDS

Stony Brook University Medical Center Division of Adolescent Medicine 2701 Sunrise Highway Islip Terrace, NY 11752-2612 (631) 444-2730

Stony Brook University Medical Center Obstetrics/Gynecology 6 Technology Drive East Setauket, NY 11733-4047 (631) 444-4686

Teen Parenting Program Islip Town Department of Human Services 401 Main Street, Room 106 Islip, NY 11751 (631) 224-9766

SMOKING CESSATION

Resources:

New York State Smokers Quitline 1-866-NY-QUITS www.nysmokefree.com

American Cancer Society 1-800-ACS-2345 www.cancer.org

American Lung Association 1-800-LUNG-USA www.lungusa.org

American Heart Association 1-800-242-8721 www.americanheart.org

Office on Smoking and Health
Centers for Disease Control and Prevention
1-800-CDC-INFO
www.cdc.gov/tobacco/osh

Quitnet (Self- Help) http://www.quitnet.com

Smoke Enders 1-800-828-HELP www.smokenders.com

Tobacco Action Coalition of Long Island http://www.breathefreely.org/

SMOKING CESSATION

Brooklyn

Coney Island Hospital Division of Adolescent Medicine 2601 Ocean Parkway – Tower #106 Brooklyn, NY 11235 (718) 616-3191

Kings County Hospital Center 451 Clarkson T-Bldg 2nd Floor Class Room #1 Brooklyn, NY 11203 (718) 245-2783

Queens

Elmhurst Hospital Center Smoking Cessation Program 79-01 Broadway Elmhurst, NY 11373 (718) 334-2550

Flushing Hospital Mental Health Clinic 146-01 45th Ave - Suite 310 Flushing, NY 11355 (718) 670-5562/8790 (Ana Muller - clinical coordinator)

SMOKING CESSATION

Nassau

North Shore Child and Family Guidance Center The Leeds Place 999 Brush Hollow Road Westbury, NY 11590 (516) 997-2926

Stop Smoking Program for Teenagers Center for Tobacco Control 225 Community Drive, South Entrance Great Neck, NY 11021 (516) 466-1980

Winthrop Hospital 259 First Street Mineola, NY 11501 (516) 663-2579

Suffolk

Learn To Be Tobacco Free Suffolk County Dept. of Health Services PO Box 6100 Hauppauge, NY 11788 (631) 853-3142

Stony Brook University Medical Center Division of Adolescent Medicine 33 Research Way East Setauket, NY 11733-3489 (631) 444-2730

Stony Brook University Medical Center Division of Adolescent Medicine 2701 Sunrise Highway Islip Terrace, NY 11752-2612 (631) 444-2730

TERMINATION OF PREGNANCY

Brooklyn

Brookdale Hospital Medical Center Adolescent Gynecology Clinic 1 Brookdale Plaza. Brooklyn, NY 11212 (718) 240-5068/5061 (services available up to 12 weeks)

Brooklyn Women's Pavilion 44 Court Street, Suite 322 Brooklyn, NY 11201 (718) 222-0123 (services available up to 24 weeks)

Coney Island Hospital 2601 Ocean Parkway – Tower 107/108 Brooklyn, NY 11235 (718) 616-3348 (services available up to 12 weeks)

Kings County Hospital 451 Clarkson Avenue Brooklyn, NY 11203 (718) 245-3131 (services up to 24 weeks)

Queens

All Women's Medical Pavilion 69-30 Austin Street Forest Hills, NY 11375 (718) 793-1943 (800) 733-1943 (services available up to 24 weeks)

Choices Women's Medical Center 29-28 41st Avenue Long Island City, NY 11101 (718) 786-5000 (718) SAY-CARE (services available up to 24 weeks)

Elmhurst Hospital Center The Women's Health Clinic 79-01 Broadway Elmhurst, NY 11372 (718) 334-3150 (services up to 22 weeks)

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TERMINATION OF PREGNANCY Brooklyn (continued)

Planned Parenthood of NYC Boro Hall Center 44 Court Street Brooklyn, NY 11201 (212) 965-7000 (services available up to 14 weeks)

Wyckoff Heights Medical Center 374 Stockholm Street Brooklyn, NY 11237 (718) 486-4155 (services available up to 12 weeks)

Queens (continued)

Jamaica Hospital Medical Center Women's Health Center 133-03 Jamaica Avenue Richmond Hill, NY 11418 (718) 291-3276 (services available up to 12 weeks)

TOP Choice Women's Medical 9229 Queens Blvd., #CA Rego Park, NY 11374 (718) 575-8491 (services available up to 12 weeks)

TERMINATION OF PREGNANCY

Nassau

LIGS Management Services 250 West Old Country Road, Suite 244A Hicksville, NY (516) 222-2522 (services available up to 12 Weeks)

Nassau University Medical Center GYN Clinic Building A, 2nd Floor 2201 Hempstead Turnpike East Meadow, NY 11554 (516) 572-6569 (services available up to 7.5 – 15 weeks)

Planned Parenthood of Nassau County 540 Fulton Avenue Hempstead, NY 11550 (516) 750-2500 (services available up to 12 weeks)

Women's Choice 200 Motor Parkway, Suite D23 Hauppauge, NY 11788 (516) 682-8100 (services available up to 17-18 weeks)

Suffolk

Planned Parenthood Amagansett 618 Montauk Highway Amagansett, NY 11930 (631) 267-6818 (medical termination through 7 weeks)

Planned Parenthood Patchogue Patchogue Medical Center 450 Waverly Avenue Patchogue, NY 11772 (631) 475-5705 (Medical termination 5-8 weeks)

Planned Parenthood Riverhead 540 East Main Street Riverhead, NY 11787 (631) 361-7526 (Medical termination 5-8 weeks)

Planned Parenthood of Smithtown 70 Maple Avenue Smithtown, NY 11787 (631) 361-7526 (Surgical to 13 weeks; medical 5-8 weeks)

TERMINATION OF PREGNANCY

Suffolk (continued)

Planned Parenthood West Islip 180 Sunrise Highway West Islip, NY 11795 (631) 893-0150 (Medical termination 5-8 weeks)

Women's Choice 200 Motor Parkway, Suite D23 Hauppauge, NY 11788 (631) 435-4300 (Up to 17-18 weeks)

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Compliments of

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Committee on Youth and Adolescence